

Welcome... The Trail...

to the Copenhagen Hash House Harriers (CH3) - The Viking Wankers. A drinking club with a running problem! CH3 was founded March 15, 1980.

The Hash House Harriers were started in Kuala Lumpur in 1938 by a small group of Englishmen. The basic idea stems from the Paper Chase - a hare runs along leaving a trail of shredded paper behind him, which is then followed by a pack of hounds (harrier = hare-hound). To the chase were added the beer-drinking rituals and bawdy songs of the men's student days - and "Hashing" began to take shape. After the run, the harriers would retire to The Selangor Club, which they had nicknamed The Hash House (hash house = cheap eating house) to eat, drink more beer and enjoy one another's company. And, basically, that's what we still do today.

For many years there were only a few clubs in the Far East, around Malaysia and Indonesia, but in the 1970's the idea seems to have exploded and there are clubs all over the world today, forming a sort of informal, international brotherhood. So, wherever you go in the world - if there is a Hash there, you have playmates to run and socialize with. (The general spirit of the Hash is that we're all friends - even if we've never laid eyes on each other before!).

In CH3 the hares usually mark the trail with flour and, on occasion, chalk. Unlike the Paper-Chase, they also mark the trail *beforehand* and then run *with* the pack (to make sure the "Walkie-Talkies" don't get lost!).

After the run we hold a circle (not to be confused with a check) where we drink beer and shameless banter. The odd song will be sung as well. This is where the trials and tribulations of the run are reviewed and honoured.

At the beginning of a run, try to listen (above the general noise of the pack) to what the hares say about the way they have marked the trail. To help you, here is a key to some of the marks:

- *Blobs of flour* = this is the trail, follow it. When you are "on trail" and see a blob of flour, you are supposed to call "ON ON" so the runners behind you can hear where the trail goes. In winter time the flour will often be coloured, so you can see it in the snow.
- *An arrow* = go this way. Call "ON ON"
- *A circle* = check it out. Circles (called "Checks") will typically be put at places where the trail could go in any number of directions. The idea here is that the fast runners go and check out the possibilities, and this gives the slower runners time to catch up.

There may be a number of marked trails leading from a check. The false trails will usually end in an "X", while the right trail will be marked with "ON ON" written on the ground or 3 blobs. When you see the ON ON, you call it, so the rest of the pack knows that you are on trail. NB: You are not "on trail" after a check, until you see ON ON or have passed at least 3 blobs - so don't call the blobs of flour you see right after the check. (Unless you want to risk getting a DOWN DOWN for false calling!)

- *A circle with "W"* = a wait-check. Wait here for the rest of the pack to catch up, and *don't* check it out until the hare calls: "Check it out!"
- *An "X"* = a false trail. Go all the way back to the last check (circle).
- *A "Fish-hook"* = run all the way back to the last person in the pack, before you can run forward again. The number in the hook indicates how many of the frontrunners have to do the fish hook. The number in the hook will vary.
- *A "T"* = the true trail branches out from one of the blobs of flour you have already run past. Go back and look for the trail.



Run and membership information....

WHEN

During the Summer we run on Mondays at 18.30.
During the Winter we run on Saturdays at 14.30.
Check the webpage for locations. We meet at a new place every week, normally close to a train station for ease of transport.

REGULAR MEMBERS

The fee is DKK 222 per quarter. All fees must be paid in advance. Due date is the first day in the quarter.

PAY PER RUN

The fee is DKK 50 per run. For Hashers in Denmark or abroad who can't run regularly and only attend a few runs a year.

NEW MEMBERS, VISITORS AND GUESTS

Your first run with CH3 is always free. If CH3 is the right thing for you, then sign up on the run sheet.

HOW TO PAY THE FEE ?

Our Bank account is Arbejdernes Landsbank
Reg.no.: 5332
Account.no.: 0000246362

The CH3 Hash Hymn...

Come on Viking Wankers
Lift your beers and shout
We are Copenhashers
What we've got we flaunt
Close the narrow circle
Gather round the beer
Hashing, Wanking, Drinking
That is why we're here
Hashing, Wanking, Drinking
That is why we're here!

**WHERE - WHEN - HOW, SEE
COPENHAGEN HASH HOUSE HARRIERS:
<http://CH3.DK/>**



HASH HOUSE HARRIERS

